



March Fitness Schedule



**Holland
Community
Aquatic Center**

Try our highlighted fitness class, Yoga,
at 5:15pm, on March 12, free of charge!

Mon	Tues	Wed	Thurs	Fri	Sat
<p>Visit a class for a drop-in fee of \$12 per class OR register for our monthly fitness package and receive unlimited classes! HCAC member? Ask about our member discounts and save over 50%! *Water Works is not included in the monthly fitness package.</p>				<p>1 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works</p>	<p>2</p>
<p>4 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works 5:30pm - Deep Water</p>	<p>5 6:30am - Yoga 7:00am - Aqua Aerobics 9:30am - Aqua Zumba 5:30pm - Yoga</p>	<p>6 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works</p>	<p>7 6:30am - Yoga 7:00am - Aqua Aerobics 5:30pm - Yoga</p>	<p>8</p>	<p>9</p>
<p>11 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works 5:30pm - Deep Water</p>	<p>12 6:30am - Yoga 7:00am - Aqua Aerobics 9:30am - Aqua Zumba 5:30pm - Yoga</p>	<p>13 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works</p>	<p>14 6:30am - Yoga 7:00am - Aqua Aerobics 5:30pm - Yoga</p>	<p>15 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works</p>	<p>16</p>
<p>18 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works 5:30pm - Deep Water</p>	<p>19 6:30am - Yoga 7:00am - Aqua Aerobics 9:30am - Aqua Zumba</p>	<p>20 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works</p>	<p>21 6:30am - Yoga 7:00am - Aqua Aerobics 5:30pm - Yoga</p>	<p>22 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works</p>	<p>23</p>
<p>25 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works 5:30pm - Deep Water</p>	<p>26 6:30am - Yoga 7:00am - Aqua Aerobics 9:30am - Aqua Zumba 5:30pm - Yoga</p>	<p>27 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works</p>	<p>28 6:30am - Yoga 7:00am - Aqua Aerobics 5:30pm - Yoga</p>	<p>29 7:30am - Deep Water 8:40am - Framework 9:35am - Making Waves 12:00pm - Water Works</p>	<p>30</p>